**Elite Men**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Mohamed Aziz | Ben Ferjani | TUN | 0:29:14 | 0:00:00 | 0:00:00 | 0:09:35 | 0:01:31 | 0:18:10 |
| 2 | Tarek | Magdy | EGY | 0:31:02 | 0:00:00 | 0:00:00 | 0:09:53 | 0:01:47 | 0:19:24 |
| 3 | Mohamed | Yasser | EGY | 0:32:05 | 0:00:00 | 0:00:00 | 0:10:34 | 0:02:22 | 0:19:10 |
| 4 | Eslam | Mahmoud | EGY | 0:33:25 | 0:00:00 | 0:00:00 | 0:11:18 | 0:01:55 | 0:20:13 |
| 5 | Mohamed | Khaled | EGY | 0:35:36 | 0:00:00 | 0:00:00 | 0:09:51 | 0:06:52 | 0:18:54 |

**Elite Women**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Ibtissem | Harrabi | TUN | 0:34:26 | 0:00:00 | 0:00:00 | 0:11:10 | 0:01:40 | 0:21:37 |
| 2 | Nada | Alaaeldin | EGY | 0:34:27 | 0:00:00 | 0:00:00 | 0:11:46 | 0:01:39 | 0:21:03 |
| DNF | Tuka | Safey | EGY |  |  |  |  |  |  |

**U23 Men**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Mohanad | Yasser | EGY | 0:29:07 | 0:00:00 | 0:00:00 | 0:09:21 | 0:01:33 | 0:18:14 |
| 2 | Khaled | Essam | EGY | 0:30:51 | 0:00:00 | 0:00:00 | 0:09:20 | 0:01:40 | 0:19:52 |
| 3 | Noureldin | Hazem | EGY | 0:31:24 | 0:00:00 | 0:00:00 | 0:12:10 | 0:01:26 | 0:17:49 |
| 4 | Ali | Abdelfatah | EGY | 0:32:13 | 0:00:00 | 0:00:00 | 0:09:39 | 0:01:44 | 0:20:51 |
| 5 | Aymen Ben | Doula | TUN | 0:36:53 | 0:00:00 | 0:00:00 | 0:12:55 | 0:01:41 | 0:22:18 |

**U23 Women**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Basmala | Elsalamony | EGY | 0:32:47 | 0:00:00 | 0:00:00 | 0:10:37 | 0:01:38 | 0:20:32 |
| 2 | Mariam | Hassan | EGY | 0:37:41 | 0:00:00 | 0:00:00 | 0:13:13 | 0:01:44 | 0:22:45 |
| 3 | Mayar | Mohamed | EGY | 0:38:33 | 0:00:00 | 0:00:00 | 0:11:12 | 0:01:51 | 0:25:31 |

**Junior Men**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Abdallah | Abushabab | PLE | 0:30:50 | 0:00:00 | 0:00:00 | 0:10:13 | 0:01:34 | 0:19:04 |
| 2 | Youssef | Diab | EGY | 0:30:52 | 0:00:00 | 0:00:00 | 0:10:14 | 0:01:34 | 0:19:06 |
| 3 | Marwan | Medhat | EGY | 0:32:43 | 0:00:00 | 0:00:00 | 0:11:01 | 0:01:46 | 0:19:56 |
| 4 | Basil | Hussein | EGY | 0:34:17 | 0:00:00 | 0:00:00 | 0:10:40 | 0:02:06 | 0:21:32 |

**Junior Women**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Merna | Kamal | EGY | 0:35:26 | 0:00:00 | 0:00:00 | 0:12:02 | 0:01:47 | 0:21:38 |
| 2 | Kareena | Othman | JOR | 0:36:41 | 0:00:00 | 0:00:00 | 0:11:35 | 0:01:48 | 0:23:19 |
| 3 | Stephany | Ashraf | EGY | 0:38:06 | 0:00:00 | 0:00:00 | 0:11:18 | 0:02:03 | 0:24:46 |

**Youth Men**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Khaled | Walid | EGY | 0:21:54 | 0:00:00 | 0:00:00 | 0:10:18 | 0:01:36 | 0:10:01 |
| 2 | Youssef | Abdelfatah | EGY | 0:22:21 | 0:00:00 | 0:00:00 | 0:10:52 | 0:01:43 | 0:09:47 |
| 3 | Omar | Abushabab | PLE | 0:23:06 | 0:00:00 | 0:00:00 | 0:10:19 | 0:01:41 | 0:11:07 |
| 4 | Mohamed | Fathy | EGY | 0:23:06 | 0:00:00 | 0:00:00 | 0:11:50 | 0:01:38 | 0:09:39 |

**Youth Women**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Maram | Yasser | EGY | 0:22:59 | 0:00:00 | 0:00:00 | 0:11:14 | 0:01:38 | 0:10:08 |
| 2 | Ons | Lajili | TUN | 0:23:09 | 0:00:00 | 0:00:00 | 0:10:58 | 0:01:47 | 0:10:25 |
| 3 | Nada | Awad | EGY | 0:23:33 | 0:00:00 | 0:00:00 | 0:11:03 | 0:01:46 | 0:10:45 |

**Men's PT2**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Waleed | Elhadidy | EGY | 0:40:52 | 0:00:00 | 0:00:00 | 0:20:06 | 0:02:50 | 0:17:57 |
| 2 | Noureldin | Ahmed | EGY | 0:57:42 | 0:00:00 | 0:00:00 | 0:30:59 | 0:04:28 | 0:22:16 |

**Men's PT3**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Mohamed | Elsayed | EGY | 0:25:00 | 0:00:00 | 0:00:00 | 0:14:01 |  |  |

**Men's PT4**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Mahmoud | Taha | EGY | 0:45:16 | 0:00:00 | 0:00:00 | 0:16:13 | 0:16:12 | 0:12:52 |

**Men's PT5**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Ibrahim | Hafez | EGY | 0:42:33 | 0:00:00 | 0:00:00 | 0:29:41 | 0:02:54 | 0:09:59 |

**16-19 Male AG**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Belal | Shawky | EGY | 0:33:06 | 0:00:00 | 0:00:00 | 0:10:54 | 0:01:56 | 0:20:17 |
| 2 | Ahmed | Khaled | EGY | 0:34:42 | 0:00:00 | 0:00:00 | 0:12:41 | 0:01:52 | 0:20:09 |

**20-24 Female AG**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Esraa | Hassan | EGY | 0:48:21 | 0:00:00 | 0:00:00 | 0:15:15 | 0:03:00 | 0:30:07 |

**20-24 Male AG**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Mahmoud | Osama | EGY | 0:33:17 | 0:00:00 | 0:00:00 | 0:10:52 | 0:02:01 | 0:20:26 |

**25-29 Male AG**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Brwa | Salam | IRQ | 0:35:06 | 0:00:00 | 0:00:00 | 0:12:51 | 0:01:58 | 0:20:19 |
| 2 | Mohamed | El Gohary | EGY | 0:35:39 | 0:00:00 | 0:00:00 | 0:14:30 | 0:02:15 | 0:18:55 |
| 3 | Mostafa | Abo Elmagd | EGY | 0:35:43 | 0:00:00 | 0:00:00 | 0:12:39 | 0:02:08 | 0:20:57 |
| 4 | Mohammed | Omar | EGY | 0:41:44 | 0:00:00 | 0:00:00 | 0:14:23 | 0:01:53 | 0:25:29 |
| 5 | Seif Eldin | Bennis | EGY | 0:44:54 | 0:00:00 | 0:00:00 | 0:16:24 | 0:03:30 | 0:25:02 |
| 6 | Youssef | Alfares | KWI | 0:47:50 | 0:00:00 | 0:00:00 | 0:13:47 | 0:02:57 | 0:31:07 |

**30-34 Male AG**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Gohar | Rassoul | IRQ | 0:35:32 | 0:00:00 | 0:00:00 | 0:15:02 | 0:01:38 | 0:18:53 |
| 2 | Salam | Abdelamir | IRQ | 0:38:30 | 0:00:00 | 0:00:00 | 0:15:04 | 0:01:54 | 0:21:33 |
| 3 | Salam | Abdelamir | IRQ | 0:38:30 | 0:00:00 | 0:00:00 | 0:15:04 | 0:01:54 | 0:21:33 |
| 4 | Khaled | El Shobokshy | EGY | 0:40:49 | 0:00:00 | 0:00:00 | 0:16:13 | 0:01:50 | 0:22:47 |
| 5 | Mahmoud | Elfiky | EGY | 0:41:12 | 0:00:00 | 0:00:00 | 0:18:48 | 0:02:02 | 0:20:23 |

**40-44 Male AG**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Abd El Aziz | Atrees | EGY | 0:55:33 | 0:00:00 | 0:00:00 | 0:32:57 | 0:01:58 | 0:20:40 |

**55-59 Male AG**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **POSITION** | **ATHLETE FIRST** | **ATHLETE LAST** | **NATIONALITY** | **TOTAL TIME** | **RUN1** | **T1** | **SWIM** | **T2** | **RUN2** |
| 1 | Mondy | Tantawy | EGY | 0:51:21 | 0:00:00 | 0:00:00 | 0:20:17 | 0:03:12 | 0:27:53 |